

DECEMBER



Elementary Lunch Menu



Served 30 Minutes Prior to the Start of School!

Mon - Egg sandwich w/ or w/out cheese & choice of meat
 Tues - WG French toast sticks w/ syrup, or assorted cereal w/ hard boiled egg

Wed - Mini yogurt w/ granola or fruit or Egg Puff Pastry w/ hashbrown

Thurs - WG bagel w/ cc or assorted muffin

Fri - Oatmeal bar w/ toppings, or assorted Chef's choice

Assorted cereals available everyday! All breakfasts are served w/ juice or fruit and assorted white milk.

Elementary Prices

Breakfast- full pay \$1.75
 Breakfast- reduced \$0.30
 Lunch- full pay \$3.00
 Lunch- reduced \$0.40
 Individual Milk \$.85
 Individual Water \$.60

All meals come with veggies, fresh fruit & choice of skim milk or 1% milk.



Questions? Contact us: 978-247-5520

Gail Koutroubas, Director of Food & Nutrition Services

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Taylor Pirog, MS, RD, Assistant Food Service Director
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Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Chef's Soup Choice Cheddar Cheese Twisted Stix Marinara Sauce Italian Mixed Vegetables Side Caesar Salad Fresh Fruit Sunbutter&Jelly Sandwich Danimals Yogurt 100% Fruit Juice Fruit & Veggie Bar</p>	<p>4 Beef Burrito OR Chicken Burrito Lettuce And Tomato Toppers Salsa Fiesta Corn & Black Bean Salad Fresh Fruit Assorted WG Bagels Choice of Protein Assorted Power Packs Fruit & Veggie Bar</p>	<p>5 Crispy Chicken Sandwich Lettuce and Tomato Lemon Zest Broccoli Sweet Potato Fries Fresh Fruit Turkey Sandwich on WW Roll Fruit & Veggie Bar</p>	<p>6 Chef's Soup Choice Meatball Mozzarella Sub Chickpea Salad Green Beans Fresh Fruit Fish Sandwich Assorted Power Packs Fruit & Veggie Bar</p>	<p>7 Early Release Day! Breakfast Served Bagged Lunches Available Upon Request!</p> 
<p>10 Chef's Soup Choice Mini Buttermilk Pancakes Maple Syrup Chicken Sausage Roasted Potato Wedges Fresh Fruit Turkey Sandwich on Pita 100% Fruit Juice Fruit & Veggie Bar</p>	<p>11 Homemade Mac & Cheese Broccoli Roasted Butternut Squash Fresh Fruit Assorted WG Bagels Choice of Protein Assorted Power Packs Fruit & Veggie Bar</p>	<p>12 Hamburger on WW Bun Or Cheeseburger on WW Bun Or Veggie Burger Lettuce and Tomato Baked Beans Honey Glazed Carrots Fresh Fruit Ham & Cheese on Goldfish Fruit & Veggie Bar</p>	<p>13 Chef's Soup Choice Chicken Fajitas Lettuce And Tomato Toppers Salsa Mexacali Corn Fresh Fruit Chicken Caesar w/ Pita Assorted Power Packs Fruit & Veggie Bar</p>	<p>14 Pan Pizza Veggie Crunchers Hummus Roasted Cauliflower Apple Crisp Chicken Salad Sandwich 100% Fruit Juice Fruit & Veggie Bar</p>
<p>17 Chef's Soup Choice Hot Dog on WW Roll Baked Beans Tomato Basil and Mozzarella Salad Fresh Fruit Turkey Sandwich on WW Roll 100% Fruit Juice Fruit & Veggie Bar</p>	<p>18 Chicken Tenders Green Beans Cinnamon Sweet Potatoes Fresh Fruit Assorted WG Bagels Choice of Protein Fruit & Veggie Bar Assorted Power Packs</p>	<p>19 Fun Fish Sticks Chipotle Corn Coleslaw WW Dinner Roll Fresh Fruit Hamburger on WW Bun Fresh Fruit Fruit & Veggie Bar</p>	<p>20 Chef's Soup Choice Roasted Chicken Drumstick Brown Rice Pilaf Kale Chips Fresh Fruit Grilled Cheese Sandwich Tiny Twist Pretzels Fruit & Veggie Bar Assorted Power Packs</p>	<p>21 Pan Pizza Vegetable Medley Mediterranean Salad Fresh Fruit Chocolate Pudding Chicken Caesar Wrap 100% Fruit Juice Fruit & Veggie Bar</p>
<p>24  No School- Winter Vacation!</p>	<p>25  Happy Holidays!</p>	<p>26  No School- Winter Vacation!</p>	<p>27  No School- Winter Vacation!</p>	<p>28  No School- Winter Vacation!</p>



Looking for a job with flexible days/hours? We are currently looking for substitute food service workers. Please contact Gail Koutroubas or Taylor Pirog at 978-247-5520 for more information!

This institution is an equal opportunity provider.



If you believe your child may be eligible for free or reduced-priced meals, please fill out an application via lunchapp.com or contact us for a paper application.

Menus subject to change due to product availability and/or school cancellations.